

TRAININGSPLAN für Saison 2021

3. Version



| | MONTAG | G | DIENSTAG | G | MITTWOCH | G | DONNERSTAG | G | FREITAG | G |
|--|-----------------------------|---------|-----------------------------|---------|---|---------|---|---------|-----------------------------|---------|
| 3. Liga <small>Marco 079 693 07 04 Roger 079 753 62 51</small> | 19:30-21:00 Eichfeld (U) | S 1 | | | 19:30-21:00 Eichfeld (Fördertraining) | S 1 | 19:30-21:00 Eichfeld (Z) | S 1 | | |
| 4. Liga <small>Silvan 079 507 62 47 Danu 079 725 20 70</small> | | | | | 20:00 - 21:30 Thun Süd | | | | 19:30-21:00 Eichfeld (-) | S |
| 5. Liga <small>TomK 079 269 51 25</small> | 20:00-21:30 Uetendorf | U | | | | | 19:30-21:00 Training Zelg Schönau (Spiel) | S | | |
| Senioren 30+ <small>Ramon 079 820 48 77</small> | 19:30-21:00 Schönau (Z) | S 2T | | | | | | | | |
| Senioren 40+ <small>Erich 079 417 07 91</small> | 19:30-21:00 Schönau (Z) | S 2T | | | | | | | | |
| Oldies 60+ <small>TomS 079 202 08 23</small> | | | 19:30-20:30 Schönau (-) | S 3T | | | | | | |
| 2. Liga Frauen <small>Padu 079 370 14 90</small> | | | | | 19:45-21:15 Schönau (Z) | S 4T | | | 20:00 - 21:30 Thun Süd | |
| 4. Liga Frauen <small>TomS 079 202 08 23 Yves R. 079 576 18 06</small> | | | | | 19:45-21:15 Schönau (-) | S 4F | | | 19:45-21:15 Schönau (Z) | S 4F |
| Junioren Ba <small>André 079 268 77 18 Jesus 079 235 25 61</small> | | | 19:30-21:00 Eichfeld (Z) | S 1 | | | 19:30-21:00 Schönau wenn 5. Liga- Spiel Training Zelg | S 1T | | |
| Junioren Bb <small>Patrick 079 484 50 40 Jorge 078 941 65 98</small> | | | 19:30-21:00 Eichfeld (-) | S | | | 19:30-21:00 Schönau wenn 5. Liga- Spiel Training Zelg | S 2T | | |
| Junioren Ca <small>Dragan 079 569 43 34 Roman 079 422 23 46</small> | 18:00-19:30 Eichfeld (Z) | S 4T | | | 18:00-19:30 Erlen | E w | | | 18:00-19:30 Erlen | E w |
| Junioren Cb <small>Jürg 079 757 63 10 Martin 079 303 99 78</small> | | | 18:00-19:30 Zelg (-) | S | | | 18:00-19:30 Eichfeld (-) | S 3T | | |
| Junioren Da <small>Marcos 079 929 02 59 Jeremia 078 705 25 55</small> | 18:00-19:30 Eichfeld (Z) | S 4T | | | 18:00-19:30 Erlen | E w | | | 18:00-19:30 Zelg (-) | S m |
| Junioren Db <small>Martin 079 796 35 73 Damian 078 608 51 82 Samir 079 247 64 33</small> | 18:00-19:30 Zelg (-) | S 1F | | | | | 18:00-19:30 Eichfeld (Z) | S 1F | | |
| Junioren Dc <small>Dominic 078 949 96 16 Ismael 078 712 29 20</small> | | | 18:00-19:30 Schönau (-) | S 2F | | | | | 18:00-19:30 Erlen | E w |
| Junioren Ea <small>Sven 079 602 16 95 Fisnik 079 476 74 94</small> | | | 18:00-19:30 Schönau (-) | S 1T | | | 18:00-19:30 Schönau (-) | S 1T | | |
| Junioren Eb <small>Lorenzo 077 429 26 29 Michel 079 216 45 96</small> | 18:00-19:30 Schönau (-) | S 1T | | | 18:00-19:30 Schönau (-) | S 1T | | | | |
| Junioren Ec <small>Joel 077 420 65 06 Gian 079 219 68 67</small> | 18:00-19:30 Bernstrasse | So m | | | | | 18:00-19:30 Schönau (-) | S | | |
| Junioren Fa <small>Kayla 076 544 47 24 Noemi 078 837 70 72</small> | 18:00-19:30 Schönau (-) | S 2F | | | 18:00-19:30 Schönau (-) | S 1T | | | | |
| Junioren Fb <small>Alex 079 193 96 11</small> | | | 17:30-19:00 Erlen | E m | | | | | 16:30-18:00 Erlen | E m |
| Juniorinnen FF-19 <small>Peter W. 079 311 17 77 Resu J. 079 210 17 45</small> | | | | | 19:30-21:00 Erlen | E w | | | 19:30-21:00 Erlen | E w |
| Juniorinnen FF-15 <small>TomS 079 202 08 23 Manuela 079 587 23 45</small> | | | 18:00-19:30 Erlen | E w | | | | | 18:00-19:30 Schönau (-) | S 4T |
| Goalitraining <small>Ilija 0787481985</small> | 19:30-21:00 Eichfeld (U) | S | 18:00-19:30 Schönau | S | | | | | | |

bei schlechter Witterung: (Z) = Zelg / (U) = Uetendorf / (-) = kein Ersatzplatz

Nachtragsspiele nur während der eigenen Trainingszeit!

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|--------------------------|-------|----|-------|-----|-------|-----|-------|-----|-------|-----|
| Match Aktive/Jun. | 20:15 | 3F | 20:15 | 3F* | 20:15 | 3F* | 20:15 | 3F* | 20:15 | 3F* |
|--------------------------|-------|----|-------|-----|-------|-----|-------|-----|-------|-----|